

Updated April 22, 2022

Regarding DMHAS Travel Advisory:

As of March 19, 2021, Governor Lamont's [Executive Order No.9S, Section 1](#) regarding travel is no longer in effect.

Connecticut residents and travelers to Connecticut should follow travel-related guidance from the Centers for Disease Control and Prevention (CDC) and the Connecticut Department of Public Health (CT DPH). Mandates and requirements are not currently in place in Connecticut.

Updated by the CDC Feb. 25, 2022

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

Note:

- *Travel advisory is based on status of COVID-19 vaccination.*
- *Fully Vaccinated means 14 days or more have passed since the last dose of COVID vaccination*
- *There are no identified states excluded from the advisory*
- *Individuals with symptoms suggestive of COVID-19 infection should return to work only after a negative COVID test and a doctor's note clearing them to return*
- *Staff members planning to travel out of state should contact their facility Human Resources Director before travel and on return from those states.*
- *For COVID tests, the PCR tests and **not** the rapid tests are required.*
- *DMHAS staff members who live in neighboring states (NY, MA, RI) but commute to work in CT are considered CT indigenes for the purposes of this guidance. The travel advisory applies to them only when they travel outside of their state of residence and CT.*
- *For unusual circumstances, please discuss with facility (or DMHAS) medical director, or designee for guidance.*

Staff Up to Date with COVID 19 Vaccination: Fully vaccinated staff (if within 5 months for Pfizer/Moderna, and 2 months for J&J) and Boosted staff

*Since these travelers are less likely to contract and spread COVID-19, they can travel safely within the United States and do not have to test before or after travel (unless their destination requires it) and **do not have to quarantine after travel**.*

*For Return from International Travel: You do NOT need to self-quarantine **after** arriving in the United States; You should still get tested (PCR test) 3-5 days **after** international travel but continue to work while awaiting result of test.*

For Staff Recently Recovered from COVID-19 infection

Staff members who have clinically recovered from COVID-19 and are within 90 days of onset of symptoms do not need to self-quarantine on return from travel. However, after 90 days, the guidance for fully vaccinated/boosted or unvaccinated staff will apply.

For Staff Not Up to Date with COVID 19 Vaccination: Unvaccinated, partially vaccinated, or fully vaccinated but not boosted (over 5 months ago for Pfizer/Moderna or over 2 months for J&J)

Domestic and International Travel

1. *Self-quarantine on return from travel*
2. *Test on day 5. If negative, return to work.*
3. *Other exceptions may become necessary following discussion with the facility or DMHAS Medical Director or designee*

All Travelers regardless of vaccination status:

1. *Self-monitor for symptoms of COVID 19 for 14 days*
 2. *Self-isolate and get tested if symptoms develop*
 3. *Maintain source control measures for prevention of COVID 19*
- *Wear a mask over their nose and mouth*
 - *Stay 6 feet from others (as much as possible) and avoid crowds*
 - *Wash hands often or use hand sanitizer*

COVID SYMPTOMS include (but not limited to the following):

- Fever or chills
- Cough, Congestion or runny nose, Sore throat
- Shortness of breath or difficulty breathing
- Fatigue, Muscle or body aches
- Headache
- New loss of taste or smell
- Nausea or vomiting, Diarrhea